



The Big Swim: Coming Ashore in a World Adrift

By Carrie Saxifrage

New Society Publishers. Paperback. Book Condition: new. BRAND NEW, The Big Swim: Coming Ashore in a World Adrift, Carrie Saxifrage, Climate change is alarming and complicated. Governments are acting too slowly or not at all, and not enough people feel informed or empowered enough to demand action. But ignoring a catastrophe of such magnitude is a certain path to disaster. The Big Swim puts forward the idea that personal growth arises from facing both inner tensions and threats to the biosphere. In a collection of stories that is frequently touching, surprisingly funny, and always thought-provoking, author Carrie Saxifrage seeks out the places where science meets self-discovery, inviting us to join her as she: * Learns the art of appreciation from an ancient jawbone * Hikes solo through the wilderness to find balance in a field of blueberries * Swims for four hours through cold, open water, seeking a fleeting state of grace Each of the stories in The Big Swim encourages possibilities for greater personal satisfaction with lower environmental impacts. While exploring significant topics, such as sustainable forestry, nature-centered philosophy, or First Nations' culture, the author discovers that the greatest adventure is learning to align how she lives with what...



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