



100 Day Tear-Off Diet Countdown Calendar

By Buy Countdown Calendar

Transcripture International. Paperback. Book Condition: New. Paperback. 210 pages. Dimensions: 8.5in. x 8.5in. x 0.5in. Need a little help sticking with your diet? Looking for an easy to use daily diet motivator? Stay motivated and count down the days with the easy to read, hangable 100 Day Tear-Off Diet Countdown Calendar. Boosts your diet willpower every day! Suitable for virtually any diet plan. Counts down from 100 Days Left to 0 Days Left, one page per day. Convenient size and weight for handling and hanging. Countdown is printed in a large font that gets larger as the days pass. Hanging instructions printed inside. Guide marks for hanging printed on cover. Tear-off guide marks printed on every page. Last pages are blank to use as you please. Add a special message or photo to celebrate reaching your milestone. Please seek medical advice before starting a new diet or exercise plan. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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