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Childbirth without Fear: The Principles and Practice of Natural Childbirth

By Grantly Dick-Read, Ina May Gaskin

Pinter & Martin Ltd. Paperback. Book Condition: new. BRAND NEW, Childbirth without Fear: The Principles and Practice of Natural Childbirth, Grantly Dick-Read, Ina May Gaskin, In an age when normal birth can still be overtaken by obstetrics, Grantly Dick-Read's philosophy is still as fresh and relevant as it was when he originally wrote this book. He unpicks the root causes of women's fears and anxiety about pregnancy, childbirth and breastfeeding with overwhelming heart and empathy. As one of the most influential birthing books of all time, Childbirth Without Fear is essential reading for all parents-to-be, childbirth educators, midwives and obstetricians! This definitive reissue includes the full text of the fourth edition, the last completed by Grantly Dick-Read before his death in 1959, and The Autobiography of Grantly Dick-Read, compiled from his writings. With a foreword by Ina May Gaskin.



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