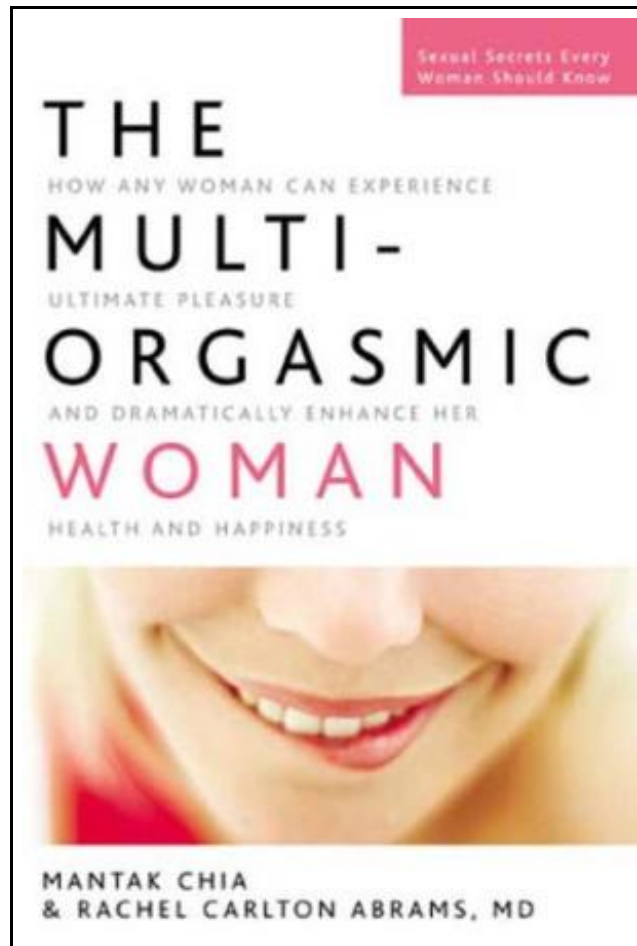


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Rodale Books, 2006. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "This fun-to-read book offers down-to-earth and clear descriptions of ways women may enjoy sensual and sexual pleasure. I love the focus on pleasure and not just on orgasm or multiple orgasms. The combination of Eastern and Western information and exercises will help women to enjoy sexual health across all ages--whether they are single or in a relationship with a man or a woman." -Beverly Whipple, Ph.D., Professor Emerita, Rutgers, The State University of New Jersey, Coauthor of the "The G-Spot" and "Other Discoveries about Human Sexuality" In "The Multi-Orgasmic Woman" Rachel Abrams is like sitting down with an MD girlfriend who focuses on women's sexual health AND knows everything about the ancient art of Taoist sexual practice. More women will have expanded access to their sexual pleasure and the possibility of multi-orgasmic sex thanks to her uncomplicated directions and illustrations. A step-by-step guide for women to explore being multi-orgasmic. -- Lou Paget, Best-selling author of "How to Be a Great Lover" and "The Big O." Publisher's Weekly, 5/9/05: For women who seek "heightened spiritual consciousness" with their extended and multiple orgasms, the coauthors of *The Multi-Orgasmic Man* and *The Multi-Orgasmic Couple* prescribe a series of meditations and exercises from the Chinese Taoist tradition. The authors' inclusive language speaks to all women, regardless of age, sexual orientation, relationship status, orgasm tendencies or level of experience with meditation. The good, basic information (including a thoughtful bibliography and appendixes) on general sexual health and wellness emphasizes holistic approaches to maintenance and treatment, and the primer on the fundamentals of chi (energy) provides a solid overview of the theoretical basis for the methods developed to cultivate and use this energy. Achieving multiple orgasms, however, requires a considerable commitment to...



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