



## A Soulful Awakening: One Woman s Extraordinary Journey from Life to Death to a Soulful Awakening (Paperback)

By Stephanie Banks

Balboa Press, United States, 2014. Paperback. Book Condition: New. 214 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In August of 2012, amidst the magnificent mountains of Whistler British Columbia Canada, Stephanie Banks, misjudged her surroundings and narrowly avoided death as her body and bike collided with a rock wall before falling into the rocky crevasse below. As her body lay in the gully, her spirit united with her guardian Ruby where she experienced her life and the universe from another perspective. After her encounter with Ruby she decided to return to her life and found herself back in her injured body with no immediate memory of her journey. The extraordinary events that transpired during her recovery will restore your need to feel and experience all that this vast universe has to offer. You will feel a renewed sense of self as you are led down a path of self-discovery, re-aligning with who you really are as opposed to who society expects you to be. As she was forced to sit and be still she began to put the words she was hearing to the pages of her journal. These profound words of wisdom...



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